

Is This a Positive or a Negative Relationship?

Please read each statement and decide whether you think this relationship is positive or negative.

You can do this on your own, with an adult or as a whole class discussion.

1. My mum and dad argue all the time. As soon as my dad walks into the house they start shouting at each other.

Positive ☐ Negative ☐

Why? _____

2. My best friend is always telling me to do things, she even took my phone off me because I wouldn't stay out with her.

Positive ☐ Negative ☐

Why? _____

3. My brother waits for me when I come out of school because he doesn't like me walking home in the dark on my own.

Positive ☐ Negative ☐

Why? _____

4. My dad doesn't like my mum going out.

Positive ☐ Negative ☐

Why? _____

5. My mum told my brother he wasn't allowed to see his friends for a week because he got into trouble at school.

Positive ☐ Negative ☐

Why? _____

Can you think of some of your own statements to discuss with an adult?

Can you say whether you think they are positive or negative examples of relationships and most importantly **why** you think that?

