

Kindness and Respect



In the table below, reflect on the times you have shown kindness or respect to the people important to you at home over the week.

Day	Way(s) I Have Been Kind	Way(s) I Have Shown Respect	How This Made Others Feel	How This Made Me Feel
1				
2				
3				
4				
5				
6				
7				

This resource is fully in line with the Learning Outcomes and Core Themes outlined in the PSHE Association [Programme of Study](#).