



Term	Autumn	Spring	Summer
Topic	Personal and Social Education	Work Related Learning	Independent living skills
Year 8	<p>Healthy lifestyles</p> <p>To know the importance of exercise To understand what is meant by a healthy diet. To know that there are different healthcare services</p> <p>Emotional wellbeing</p> <p>To know about bullying. To know how to be a good friend. To know that illness can be mental or physical.</p> <p>Self-reflection</p> <p>To be able to recognise some of own strengths, weaknesses and areas of improvement.</p>	<p>Job hunting</p> <p>To be able to research different job profiles. To be able to recognise an appropriate employment, training... To outline the basic requirements of one selected career using the headings of qualifications, training and experience. To research requirements for entry into further education and produce short summary of findings. To describe two ways of applying to a job or course</p> <p>Work place</p> <p>To know about different roles in a work place</p>	<p>Personal Finance</p> <p>To be able to recognise British coins and notes currently in use. To identify different methods of payment for goods or services. To know what is meant by saving. To know the approximate cost of some regularly bought items.</p> <p>Safety</p> <p>To be able to identify dangers in the home To know how to cross a road safely</p>
Year 9	<p>Healthy lifestyles</p> <p>To know what is needed for a healthy body. To know that there are different healthcare services and where can be found. To know the roles of some given healthcare services.</p> <p>Emotional wellbeing</p> <p>To be able to recognise emotions and where to obtain emotional support. To outline the work of one agency that supports the victims of bullying. To be able to identify ways to improve self-confidence.</p> <p>Self-reflection</p> <p>To be able to prioritise five areas for improvement.</p>	<p>Job hunting</p> <p>To link requirements to specific jobs To be able to identify sources to assist in career planning To be able to recognise own suitability for a specific career or job. To outline the basic requirements of one selected career using the headings of qualifications, training and experience. To communicate two actions to take before an interview. To know the material that can be used to support an application for a job or course.</p> <p>Work place</p> <p>To know the major rights and responsibilities of an employee</p>	<p>Personal Finance</p> <p>To communicate one way of saving. To indicate the item could be saved for, including the approximate time scale. To make a simple comparison of own income and spending To be able to participate as a member of a group in a fund-raising activity. To know the difference between saving account and current account.</p> <p>Safety</p> <p>To carry out a basic risk assessment for own home. To know how to cross a road safely- To know the safe use of the internet communication, including emails and social network sites.</p>



<p>Year 10</p>	<p style="text-align: center;">Healthy lifestyles</p> <p>To know what is needed for a healthy body. To be able to make appropriate choices to promote a healthy lifestyle. To communicate the location of a local health facility To investigate local facilities which promotes physical wellbeing.</p> <p style="text-align: center;">Emotional wellbeing</p> <p>To understand possible causes of stress. To know possible effects of stress. To understand the meaning of equal opportunities.</p> <p style="text-align: center;">Self-reflection</p> <p>To understand the skills or qualities that are important to all employers.</p>	<p style="text-align: center;">Job hunting</p> <p>To make informed career choices. To prepare and take part in a job interview. To list 4 do's and don'ts in completing applications forms. To prepare answers for a job interview. To produce a basic CV. To identify 3 personal presentation skills required by an interviewee. To use appropriate body language.</p> <p style="text-align: center;">Work place</p> <p>To understand relationships, behaviours and practice in the work place. To practice communication skills.</p>	<p style="text-align: center;">Personal Finance</p> <p>To Identify the meaning of the terms and abbreviations used on a bank statement. To difference between debit card and credit card. To describe the main advantages and disadvantages of buying on credit. To know how to interpret information shown on a payslip. To describe the difference between gross pay and net pay. To know how to budget.</p> <p style="text-align: center;">Safety</p> <p>To be able to identify dangers in the work place. To know about an organisation that promotes safety.</p>
<p>Year 11</p>	<p style="text-align: center;">Healthy lifestyles</p> <p>To know what is needed for a healthy body. To produce a plan to promote own health. To investigate the location and services of all the health facilities needed.</p> <p style="text-align: center;">Emotional wellbeing</p> <p>To be able to identify ways to improve self-confidence. To know how stress can be managed. To understand how to apply the term equal opportunities.</p> <p style="text-align: center;">Self-reflection</p> <p>To classify own performance across several skills and qualities into strengths and weaknesses.</p>	<p style="text-align: center;">Job hunting</p> <p>To make informed career choices. To know how to apply in writing for a job or course. To produce a basic CV and a cover letter. To identify the bad and good features of two given letters of application for a job or course. To ask appropriate questions in a job interview. To identify 3 important criteria which might be applied in shortlisting or making appointments to a given job.</p> <p style="text-align: center;">Work place</p> <p>To practice my resilience. To practice leadership Skills.</p>	<p style="text-align: center;">Personal Finance</p> <p>To know about the different services available for the individual from a bank or savings institution. To know how to interpret information shown on a bank statement. To identify how credit and debit items are considered in determining the balance. To describe personal state benefit or allowances and the circumstances in which each is paid. To produce from given information realistic personal budget for living costs for one week. To understand the importance of pension planning. To understand the meaning and financial implications of buying a credit.</p> <p style="text-align: center;">Safety</p> <p>To participate in an independent travel training. To investigate about an organisation that promotes safety. To describe two areas where a person is responsible for his/her own safety.</p>