

SUPPORTING YOUR CHILD WITH THEIR FEARS AND WORRIES

ONLINE WORKSHOP FOR PARENTS AND CARERS

Join a Children's Wellbeing Practitioner (CWP) to hear how to:

- Support your child with their fears and worries
- Manage your own anxiety

**Tuesday 8th June
10 to 11am**



All parents & carers welcome.

To book, please email:
eps-sews@enfield.gov.uk
or telephone 0208 379 2000