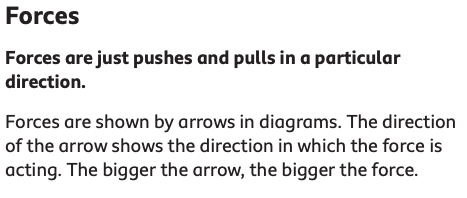


Pushes, pulls and twists.

Watch the video on BBC Bitesize to learn about pushes, pulls and twists:

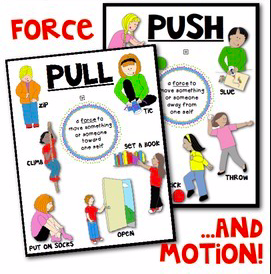
<https://www.bbc.co.uk/bitesize/clips/z9nkqty>



Now look around your home. Find things that move with a push. What do you have to pull? Can you find something that twists?

You could make a list, table or even a poster.

Examples:



|  |  |  |
| --- | --- | --- |
| Push | Pull | Twist |
| skateboard | drawer | bottle lid |

Now, use what you know to answer the questions below.

